SURGERY CENTRE

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NORTH 220 Oxford Street W. London, ON N6H 1S4	SOUTH 9828 Ford Road (at Wellington Rd.) St. Thomas, ON N5P 3T1			WEST 1249 London Road Sarnia, ON N7S 1P3	
Dear		-			
Your appointment for surgery is on			at _		
Your surgery will take place at t	he □ NORTH	□ SOUTH □ WEST offic	e.		
Identification will be requ	ired at this	annointment for preser	intion :	niirnosos	

Identification will be required at this appointment for prescription purposes.

It is very important for you to follow these instructions.

- 1. *You must not eat anything after midnight the night before surgery.* You may have clear fluids up to 4 hours prior to your surgical appointment. Clear fluids include water, apple juice or ginger ale.
- 2. If you are taking medications, please bring the names, dosages, and the drug bottles with you, so that the drugs may be identified. Please ensure that a complete list of all medications and dosages is provided prior to treatment. A drug store printout summary is ideal.
- 3. Continue taking prescription medications with a sip of water unless your surgeon has asked you to stop. Please confirm this with our office.
- 4. Your judgement and reflexes may be impaired following sedation or anaesthetic. Although you may feel fully alert, *you must make arrangements for an adult to take you home following surgery and to be with you for the remainder of the day.*
- 5. Please have your driver remain in the office while you are undergoing treatment.
- 6. You must not operate a vehicle, power tools, or any machinery for the remainder of the day following sedation or general anaesthetic. Avoid tasks requiring co-ordination or judgement during this time. You are advised to avoid alcohol, and non-prescription medications including marijuana until the following day. If in doubt, please ask your surgeon.
- 7. If your health changes, or you develop a cold, flu or any (chest) respiratory disease during the week before surgery, please notify us immediately.
- 8. Please do not wear contact lenses on the day of surgery.
- 9. Please wear an open neck, short sleeve shirt and no make-up, nail polish or jewellery.
- 10. Please notify us immediately if you suspect that you are pregnant.
- 11. Please notify us immediately if, for any reason, you are unable to keep your appointment.
- 12. If you are scheduled for a general anaesthetic and have a family physician, please request a cumulative patient profile (C.P.P.) and have it sent to our office prior to the surgical date.

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